

**Tutor Doctor Hawaii  
COVID Guidelines and Policies to Safely Return to the Learning Center and  
Off-Site Tutoring**

**Updated and Effective January 1, 2023**

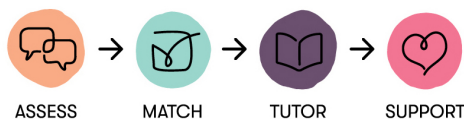
***Masks at the learning center are now optional.***

**EXPERIENCING \*COVID-19 SYMPTOMS  
Regardless of Vaccination status**

- Refrain from entering the learning center or off-site tutoring sessions for a minimum of 5 full days or until symptoms fully resolve.
- Must be fever-free ( $> 100$  °F) and symptom-free without the aid of medication for at least 24 hours for symptoms to be considered fully resolved.

**\*COVID-19 SYMPTOMS (include but not limited to the following)**

- Elevated temperature ( $>100$  °F)
- Congestion or runny nose
- Cough
- Sore throat
- Nausea or vomiting
- Shortness of breath, difficulty breathing
- Diarrhea or sore stomach
- Headache
- Fatigue
- New loss of taste or smell



**POSITIVE COVID-19 TEST  
Regardless of Vaccination status**

- Isolate at home for at least 5 days from date of positive test or onset of symptoms, whichever is earlier.
- Must be fever-free (> 100 °F) and symptom-free without the aid of medication for at least 24 hours to end isolation.

**EXPOSURE OR CLOSE CONTACT TO A COVID-19 POSITIVE CASE  
Regardless of Vaccination status**

- No quarantine required.
- Individual may return to the learning center and off-site tutoring sessions **if asymptomatic**.
- Individual should monitor themselves for symptoms for 10 days following the last contact and refrain from entering the learning center or engaging in off-site tutoring if symptoms develop.

